HDMS —— 125th ANNIVERSARY

The Hampden Hippocrat

A Bulletin for the Hampden District of the Massachusetts Medical Society

VOLUME XXI SEPTEMBER, 1965 NO. 7

MEDICARE

"The Foot In The Door"

(PAGES 1, 10 and 12)

The Medical School Fiasco

"In Memoriam"

(PAGES 3 and 20)

MEMBER
MEDICAL SOCIETY
MAGAZINE GROUP

NEXT MEETING:

September 28 - 6:30 P. M. (See Page 13)

Hampden District Medical Society

1414 STATE STREET — SPRINGFIELD, MASS.

Telephone: REpublic 6-0661

Vivian M. Purdy, *Executive Secretary*

OFFICERS

President . . . . . Henry Burkhardt, M. D.
Vice President and President-Elect . . . . . Donald R. Hayes, M. D.
Secretary . . . . . Harry N. Memery, M. D.
Treasurer . . . . . Paul T. Moore, M. D.
Assistant Secretary . . . . . John F. Griffin, M. D.

Executive and Grievance Committees

Henry Burkhardt, M. D.	*ex-officio*	Theodore R. Miner, M. D.
Donald R. Hayes, M. D.	*ex-officio*	Harry N. Memery, M. D.
Paul T. Moore, M. D.	*ex-officio*	Robert N. LaMarche, M. D.
Edwin M. Mahoney, M. D.	1966	David W. Williams, M. D.
Mustafa I. Adham, M.D.	1967	Robert D. O'Malley, M. D.
Walter S. Mozden, M. D.	1968	Walter J. J. Nero, M. D.

Chairmen of Committees

Public Relations . . . . . Robert N. LaMarche, M. D.
Legislative . . . . . Robert W. Emery, M. D.
Board of Membership . . . . . Samuel F. Potsubay, M. D.
Blue Shield District Professional Service . . . Walter D. Carver, M. D.
Woman's Auxiliary . . . . . Bruce B. Stoler, M. D.
Malpractice and Medico-Legal Affairs . . . . . Joseph Angelica, M. D.
Public Health . . . . . David E. Booker, M. D.
Insurance, Labor Relations, and Industrial Accidents . William Mosig, M. D.
To Committee on Tax-Supported Medical Care . Harry L. Roberts, M. D.
By-Laws . . . . . Max Millman, M. D.
Nominating . . . . . Frank G. Mills, M. D.
Auditing . . . . . Joseph Rini, M. D.
Emergency Medical Service . . . . . Bronislaus A. Galuszka, M. D.
Health and Accident Insurance . . . . . H. Bernard Tillman, M. D.
Mental Health . . . . . Eugene Boss, Jr., M. D.
Disaster Medical Care . . . . . Walter S. Mozden, M. D.
Medico-Religious . . . . . Garry DeN. Hough, III, M. D.
Representatives to Community Council
Henry Burkhardt, M. D. and Donald R. Hayes, M. D.

The Hampden Hippocrat

"Life is short and art is long, the occasion fleeting, experience fallacious and judgment difficult."
Hippocrates

Founded in 1942 by Drs. Edward P. Bagg and William A. R. Chapin, and published monthly except July and August.

BOARD OF EDITORS

Edward P. Bagg, M. D. *Editor-Emeritus*
Max Millman, M. D. *Editor-in-Chief*
(108 School Street, Springfield, Mass., 01105)
John C. Ayres, M. D. *Assistant Editor*

Associate Editors

Olive A. Cooper, M. D.
Frank F. Hurley, M. D.
David W. Williams, M. D.
Frank G. Mills, M. D.
Ralph T. Miller, M. D.
H. Bernard Tillman, M. D.
Richard J. Maher, M. D.
Donald R. Hayes, M. D.

Joseph B. Greenspan, M. D. *Secretary and Business Manager*
(91 School Street, Springfield, Mass., 01105)
Richard C. Sowell, M. D. *Asst. Sec. and Bus. Manager*
Mrs. Arthur Willard *Advertising Director*
(62 Irvington Street, Springfield, Mass. 01108)

EDITORIALS

THE FOOT IN THE DOOR

With Medicare at long last enacted into law, it behooves all of us to take stock of the situation, reappraise it and determine what attitude or course of action organized medicine is to assume. Are we to bow down to inevitable defeat and accept as graciously as we can a law against which we have fought so bitterly for twenty years, or are we to rise up in righteous indignation, become defiant, and refuse to cooperate with the Medicare system or the patients enrolled under it?

In a situation so charged with emotion, one might be tempted to veer to one or the other of these two extremes. Actually, neither course of action is right or sensible. As physicians, our primary responsibility is to our patients. Hampered though we may be by a system over which, temporarily at least, we have lost control, we must, nevertheless, concern ourselves with the care of

the sick first, and then strive to improve the medical climate of the future. As good citizens, we must obey the law. Defiance of the law, either in letter or spirit, is contrary to medical ethics and to the democratic principle.

What then lies ahead of us? Socialized medicine isn't here yet, but clearly the foot is in the door. The present Medicare law covers only a relatively small portion of the total cost of medical care, restricted as it is to the over-65 age group. (For summary of Medicare see page 10). However, the proponents of socialized medicine apparently have no intention of stopping here. They look upon this law as an opening wedge to the further expansion of governmental control of medicine. Just as the original Social Security act has been amended in every election year since its enactment in 1933, so can we expect similar expansion of the present Medicare measure. The cost of the program, we must realize, is being borne largely by young workers. Since these young tax-payers stand to derive no benefits from Medicare for many years to come, they will understandably demand lowering of the age limit so as to obtain earlier benefits. Politicians may well be tempted to make political hay out of this demand, ignoring the ever increasing cost and taxes. We need only to look at other countries that have experimented with such programs, to see what is in store for us. In England socialized medicine began years earlier with the Compulsory Health Insurance Act; in this country, unless counteracted, the Medicare Act may well prove the culprit.

A number of other pertinent questions are posed by the Medicare Act: How will it affect the physician, the patient, the hospital and the practice of medicine in general? How much will the system increase utilization of existing medical services and facilities? Will the attempt to meet the increased demands result in dilution of the quality of care? Since the physician is to be the key figure in determining utilization of Medicare benefits, how much extra paper work will he be called upon to do?

These questions cannot be answered now. What can be re-emphasized, however, is that, as good physicians, we shall always provide the best medical care possible. However, as good physicians, we must exert every effort to prevent political interests from taking over completely the practice of medicine. Public education is an important part of our program. Our patients must be reminded that we have today the highest standard of medical care in the world. Freedom of choice of physicians is still theirs, but may not remain so under political medicine. We have much to fear from socialistically minded politicians. We have even more to fear from an uninformed electorate. Yes, the foot is already in the door, but much can be done to prevent the Medicare program from deteriorating into totally socialized medicine.

Tillman

IN MEMORIAM

The recent vote by the Board of Trustees of the University of Mass. to locate the medical school in Worcester raises many questions as to whether a wise covenant has been entered into by a supposedly percipient parent. Future evolutions will provide evidence for ultimate judgment. Present day manifestations seem to point to one interpretation, namely, that an irrational decision has been made through slick maneuvering.

The Board of Trustees has only one trust, one charge, one goal, one mission, and one raison d'etre: the most effective education, by the most efficient means, at the lowest possible cost. Moreover, transcendent dedication to the University family and to the people of Mass. plus the best available knowledge must and should be the foundation of each and every decision.

Medical knowledge and practice, as well as society, are changing at a phenomenal pace. No longer can a physician alone minister to the sick with some aid from his traditional handmaid - the nurse. A vast array of paramedical professional technicians are needed. Moreover, the medical knowledge of today quickly can and does become the myth of tomorrow. Not only is continuous cross-fertilizing, scientific research necessary but also continuing education to make the fruits of this unlocking of nature's secrets widely

available. Modern transportations along with urban renewal and an affluent society are replacing urban and ural areas with a megalopolis as well as charity patients with private patients. Obviously, the day of the medical school located next to a charity hospital with a convenient trolley line in the heart of an urban slum is gone. Likewise, the day of the rugged individualistic physician practicing in isolation is rapidly being replaced by a medical team functioning under a broadly enlightened captain who is expected to provide not only the best available but also to seek more and better methods.

In the light of the above plus the well-documented expert advice of 26 separate experts and a nationally known consulting firm, how can the University of Mass. Trustees justify their ultimate decision? As if from the beginning, the watchword of some of the Trustees was: "if not Boston, then anywhere but Amherst." Moreover, as though it were a corrollary, Amherst became synonymous with Western Mass., thereby condemning the largest center of population, commerce, and education in the Commonwealth outside of the Boston area. The exponents of the above movement persisted exploiting the obvious rift between contending Springfield (an urban area) and Amherst (a rural area). Sensing that Boston's selection was doomed, a compromising bond with a Worcester block was enjoined, bringing about a decision contrary to all informed expertise and leaving behind a legacy of a family divided with a fear of imminent mediocrity. More important for us all in Western Mass., when, oh, when will we all join hands and become one community and assert our rightful place as the most important center of the Commonwealth, second only to the greater Boston area? How often must we as rugged individualists of Springfield, Holyoke, Northampton, Amherst, Greenfield, Pittsfield, etc. be submerged? Now that Worcester has apparently joined the Boston complex, shall we hang together or hang separately?

Ayres

(For more on Medical School issue, see page 20)

Depend on low-cost, low-dosage Prolixin—once-a-day

Prolixin is a dependable tranquilizer that provides your patient with low cost therapy. No other tranquilizer costs less. Safe and convenient for office use—Prolixin in a single daily dose provides prolonged and sustained action. Markedly low in toxicity and virtually free from usual sedative effects—Prolixin is indicated for patients who must be alert. Clinical experience indicates fluphenazine hydrochloride is especially effective in controlling the symptoms of anxiety and tension complicating somatic disorders such as premenstrual tension, menopause, or hypertension—also useful for anxiety and tension due to environmental or emotional stress. When you prescribe Prolixin you offer your patient effective tranquilization that is low in cost, low in dosage and low in sedative activity.

THE SQUIBB TRANQUILIZER

WHEN TRANQUILIZATION WITHOUT SEDATION IS DESIRABLE, TRY

PROLIXIN®

SQUIBB FLUPHENAZINE HYDROCHLORIDE

Side Effects, Precautions, Contraindications: As used for anxiety and tension, side effects are unlikely. Reversible extrapyramidal reactions may develop occasionally. In higher doses for psychotic disorders, patients may experience excessive drowsiness, visual blurring, dizziness, insomnia (rare), allergic skin reactions, nausea, anorexia, salivation, edema, perspiration, dry mouth, polyuria, hypotension. Jaundice has been exceedingly rare. Photosensitivity has not been reported. Blood dyscrasias occur with phenothiazines; routine blood counts are recommended. If symptoms of upper respiratory infection occur, discontinue the drug and institute appropriate treatment. Do not use epinephrine for hypotension which may appear in patients on large doses undergoing surgery. Effects of atropine may be potentiated. Do not use with high doses of hypnotics or in patients with subcortical brain damage. Use cautiously in convulsive disorders. **Available:** 1 mg. tablets. Bottles of 50 and 500. For full information, see your Squibb Product Reference or Product Brief.

SQUIBB Squibb Quality—the Priceless Ingredient

squibb division Olin

HAMPDEN CAPSULES

Dr. Robert Emery has been appointed to the Board of BAYPAC on June 30, 1965. He has also been elected Chairman, by unanimous vote, of the Board.

— —

Dr. R. LaMarche attended the Public Relations Institute at Chicago, August 18, 19 and 20.

— —

Mrs. Purdy attended the Medical Society Executive Association Seminar, Advanced class, in Chicago, on August 15, 16 and 17, before attending the Public Relations Institute on August 18, 19 and 20.

— —

Transfers

Dr. Nathan W. Coleman, from Norfolk to Hampden, Psychiatrist, Western Massachusetts Hospital.

Dr. Victor Panitch from Charles River to Hampden, Orthopedic Surgeon, Holyoke.

Dr. Lawrence V. Seldon has returned to Springfield from Dade County, Florida.

— —

The Annual Golf Tournament of the HDMS was held at the Crestview Country Club on Wednesday, September 8, 1965. A complete report will be carried in the next issue of the Hippocrat.

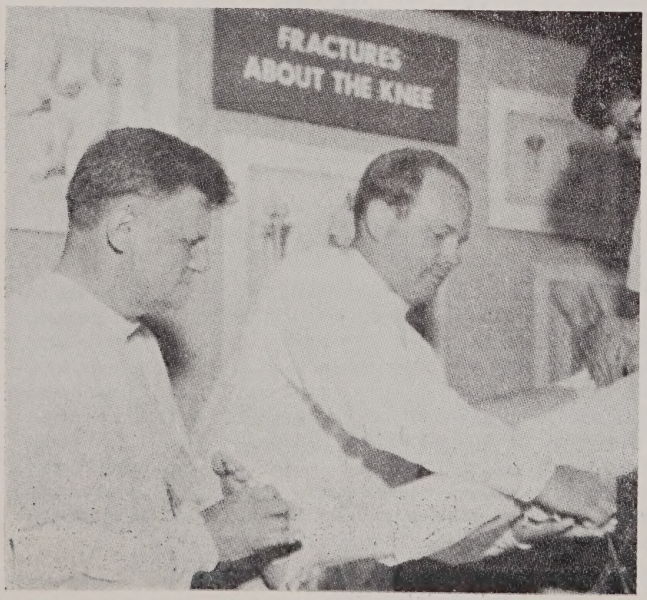
— —

Dr. Setrag A. Zacarian addressed the Society of Cryobiology in Madison, Wisconsin on August 2, 1965 on the subject of "Liquid Nitrogen in Dermatology."

He presented also a paper (prepared jointly with Dr. Mustafa I. Adham) titled "Cryotherapy of Skin Malignancy" on August 3, 1965.

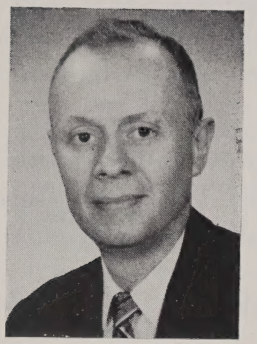
— —

A pre-council meeting was held Sept. 10, 5 p.m. at Society Headquarters.



For the 17th year in succession, Dr. William J. Kisiel, Springfield, served as clinical demonstrator in orthopedics at the Annual Meeting of the AMA at the Coliseum in New York, June 20-24. Photo shows Dr. Kisiel and Dr. David Andrews of New York.

President's Page



THE LAW OF THE LAND

On July 30, 1965 President Johnson signed the "Social Security Amendments of 1965." Medicare thus became the law of the land notwithstanding organized medicine's persistent resistance to such legislation ever since 1939 when the Roosevelt administration first attempted to "socialize" medicine in the USA.

Believing in the free enterprise system, organized medicine, headed by the AMA, launched a campaign in the 1930's for voluntary hospitalization and health insurance that eventually covered about 70 per cent of the American people. Those not covered by insurance and unable to pay have received care on a staff service basis with the doctors, in the true tradition of our profession, donating their services free. For the past 5 years hospitalization for the needy elderly individual has been covered by the Kerr-Mills Act, although implementation of this law has lagged in certain sectors of the country.

Polls taken as late as the middle of June, indicate that the majority of the American people favor our present free enterprise system to placing hospital care for all over 65 years of age under the Social Security System. But Congress has been mesmerized by a crusading President who has arranged the passage of more welfare-type legislation than any other before him.

All of this is past history. What of the future? Some physicians advocate non-participation in the medicare program. A more reserved feeling has pervaded the thinking of the majority who feel any physician has the right not to participate only in a system that would lead to a deterioration in the quality of medical care.

Now that the law has been passed, the Herculean task of its

implementation must be accomplished by next July first. The health insurance companies and the medical profession have been asked to give their help to the Health, Education, and Welfare Department in formulating the details. We can be well assured that the best interests of physicians regarding regulations for hospitals, OPD diagnostic services, and nursing homes will be adequately presented by the AMA.

To advocate non-participation at this point would ignore the Law of the Land and serve no worthy purpose. Our main concern muts be, as always, to provide the best possible medical care for the American people.

Henry Burkhardt, M. D.

NEW MEMBERS, ATTENTION!
Chapter IV, Section 4 of By-laws

"Attendance of all orientation and indocrination programs during the first year, and of at least fifty (50) per cent of the District meetings during each of the first two years of membership, is mandatory."

Patronize our advertisers and remember to mention the Hippocrat.

If it is newsworthy and medical, the Hippocrat would like to know about it.

Absorbine Jr.

HAFEY'S
FUNERAL SERVICE
494 Belmont Avenue
Springfield, Mass.

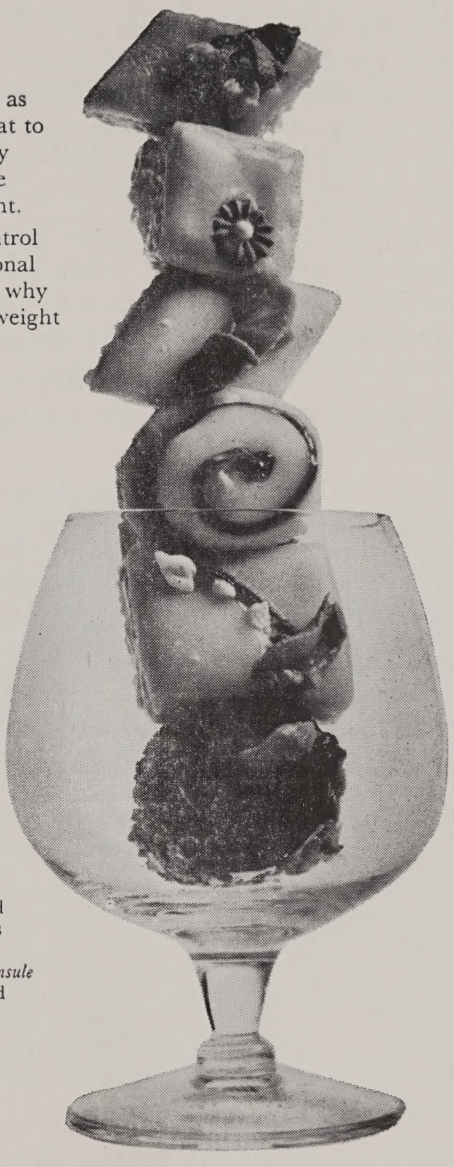
WESTFIELD NURSING HOME
66 BROAD STREET — WESTFIELD
Tel. 562-9227

A Home away from Home, with Modern Equipment and Facilities.
Adequate, Efficient Nursing Staff on duty 24 hours daily.
Where Every Need is a Personal Care.

"foodoholic"?

Some people are driven to food just as alcoholics are to drink. They *must* eat to satisfy intense cravings. Because they can't say no to fattening foods, these compulsive eaters become overweight.

'Eskatrol' *Spansule* capsules both control appetite and help relieve the emotional stress that causes overeating. That's why so many patients succeed in losing weight with 'Eskatrol'.



ESKATROL® Trademark

Each capsule contains Dexedrine® (brand of dextroamphetamine sulfate), 15 mg., and Compazine® (brand of prochlorperazine), 7.5 mg., as the maleate.

SPANSULE®

brand of sustained release capsules

because emotions play an important role in overweight

Brief Summary of Principal Contraindications, Precautions and Side Effects

Contraindications: Hyperexcitability and hyperthyroidism. *Precautions:* 'Eskatrol' *Spansule* capsules should be used with caution in the presence of severe hypertension, advanced cardiovascular disease, or extreme excitability. There is a possibility, though little likelihood, of blood or liver toxicity or neuromuscular reactions (extrapyramidal symptoms) from the phenothiazine component in 'Eskatrol' *Spansule* capsules. *Side effects* (chiefly nervousness and insomnia) are infrequent, and usually mild and transitory.

Before prescribing, see SK&F product Prescribing Information.

Supplied: Bottles of 50 capsules.

Smith Kline & French Laboratories

SK&F

MEDICARE IN A NUTSHELL

The Medicare Bill, officially titled the Social Security Amendments of 1965, was signed by President Johnson on July 30, 1965.

The bill has 5 chief features:

1. A Social Security-financed system of hospital benefits for all persons age 65 and over. Sixty days of hospital stay, with a $40 deductible, and another 30 days during which the patient must pay $10 a day. One hundred days of nursing home care for post-hospital treatment, out-patient hospital diagnostic services, and 100 home visits by nurses.

2. A voluntary medical insurance plan under which the elderly could contribute $3 a month toward the premium cost with the government picking up another $3 of the cost through general revenues. Covers surgery and physicians' bills, including those of the medical specialists dropped from the basic plan. A $50-a-year deductible plus 20% co-insurance.

3. An across-the-board, seven percent increase in social security pension payments.

4. A greatly-expanded Kerr-Mills type program extending hospital-medical benefits to children from poorer families and their parents, and to blind and disabled persons who do not now qualify for public assistance. The states would have to broaden present Kerr-Mills programs for the aged in order to continue receiving federal funds for these programs.

5. Mandatory social security for self-employed physicians. They will have to pay social security on this year's income.

To finance the first 4 points of the program, social security taxes will be raised starting next year as follows:

	Employee-Employer (Each)		Self Employed	
Years	*Rate	†Maximum Tax	*Rate	‡Maximum Tax
1965‡	3.625%	$174.00	5.4 %	$259.20
1966	4.2 %	$277.20	6.15%	$405.90
1967-68	4.4 %	$290.40	6.4 %	$422.40
1969-72	4.9 %	$323.40	7.1 %	$468.60
1973-75	5.4 %	$356.40	7.55%	$498.30
1976-79	5.45 %	$359.70	7.6 %	$501.60
1980-86	5.55 %	$366.30	7.7 %	$508.20
1987 and after	5.65 %	$372.90	7.8 %	$514.80

*Rates now apply to first $4,800 of workers' annual pay. In 1966 and subsequent years, they will apply to first $6,600.

†Payable if annual wage is $6,600 or more.

‡Figures for 1965 show rates and maximum taxes under present law.

SPRUCE MANOR
NURSING HOME

Now Open and Accepting Private and MAA Cases

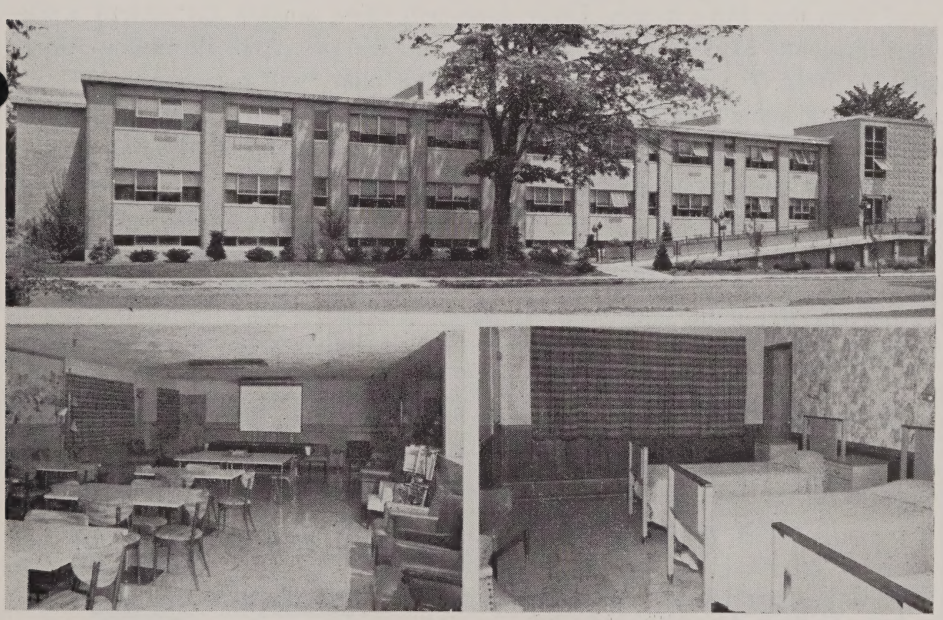
SPRINGFIELD'S NEW, SPECIFICALLY DESIGNED, CONSTRUCTED AND EQUIPPED FOR THE CARE OF CONVALESCENTS, POST-OPERATIVES, INVALIDS and CHRONIC PATIENTS.

— — —

2500 FEET FROM MEDICAL CENTERS ON MAPLE AND SCHOOL STREETS

OFF-STREET PARKING FOR 100 CARS

WITHIN MINUTES OF SPRINGFIELD'S THREE LEADING HOSPITALS



388 CENTRAL STREET — SPRINGFIELD, MASS.

Area Code 413 734-4986

WHAT PRICE MEDICARE?

(The following Special Report was televised August 11, 1965 on Channel 22 (WWLP) by Mr. James O. Marlowe, Assistant to the President, Springfield Television Broadcasting Corp. — Editor)

"Without discussing the merits of Medicare . . . or the pros and cons of the new social security law, here are some plain facts about what it's going to cost.

"It may come as quite a shock . . . but the increased benefits of the revised social security law . . . including Medicare will cost every worker who makes at least $6,600 per year almost 10 dollars a month more than he's now paying. That's only 1966. It keeps going up 'til 1987. The maximum tax . . . which is 174 this year, goes up to 277.20 starting January first . . . 290.40 in 1967, and so on. And this is an often overlooked fact . . . these figures represent only half of the actual tax for social security . . . the employer pays the same amount for each worker so that next year the total social security tax for each employed person earning $6,600 or more will be $544.40. That's 10.50 per week.

"With this extra money Uncle Sam will raise benefits for retired workers, dependents of deceased workers . . . and widows. And 19 million Amerians . . . over 65 years old . . . rich and poor alike, will receive hospital care . . . nursing home care,—in some cases home visits by nurses and out-patient hospital care . . . with the major part of the bill paid by Medicare.

"By paying an additional 3 dollars a month, the over 65 citizen will get additional benefits . . . not offered in the basic plan including help on doctors and surgeons fees . . . X-rays and diognostic tests and surgical supplies. Most of these benefits start July 1, 1966. Nursing home provisions are not effective until January of 1967."

POMEROY—WILLIAMS CO.

120 MAPLE STREET, SPRINGFIELD

PHONE 733-3217

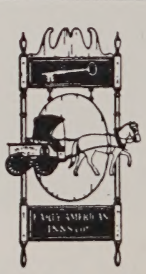
ALL SURGICAL APPLIANCES

BELTS CORSETS

BRACES STOCKINGS

Traditional

New England Hospitality



YANKEE PEDLAR INN

William F. Kavanagh, Innkeeper

Rt. 5 at 202 Holyoke Mass.

Phone: 532-9494

The Next Meeting of The Hampden District Medical Society

TIME: Tuesday, September 28
Social Hour 6:30 p.m.
Dinner (Courtesy of Society)
7:30 p.m., followed by
Business Meeting

PLACE: Betty's Old Towne House
288 Walnut Street
Agawam

Proceed west on Memorial Avenue past Eastern States Exposition over the Agawam Bridge, make sharp right turn to Walnut Street. Betty's is on left.

Certificates to new members will be presented at this meeting.

YOUR PRESENCE IS URGENTLY REQUESTED

Harry N. Memery,
Secretary

COMING EVENTS

HAMPDEN DISTRICT MEETING, SEPTEMBER 28 (See Page 13)

EXECUTIVE COMMITTEE MEETINGS, SEPTEMBER 21 and OCTOBER 19

AMERICAN COLLEGE OF PHYSICIANS (Fall Meeting)
MIAMI BEACH, OCT. 7 - 9

ACADEMY OF MEDICINE, OCTOBER 12

COUNCIL OF THE MMS, OCTOBER 13

AMERICAN COLLEGE OF SURGEONS, ATLANTIC CITY, N.J.,
OCT. 19 - 22

AMERICAN HEART ASSOCIATION, BAL HARBOUR, FLA., OCT. 29 - NOV. 3

CONFERENCE ON DISASTER MEDICAL CARE, CHICAGO, OCTOBER 30-31

NATIONAL HEALTH WEEK, NOV. 7 - 13

DIABETES DETECTION WEEK, NOV. 14 - 20

AMA CLINICAL MEETING, PHILADELPHIA, PA., NOV. 28 - DEC. 1

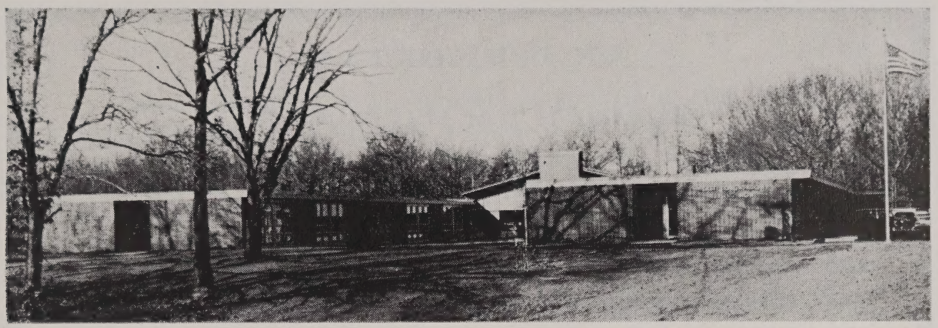
Waiting Room & Office Furniture
Office Planning
A. R. REID
100 STATE STREET — SPRINGFIELD
REpublic 9-7385 - 6

Compliments of
BETTY'S OLD TOWNE HOUSE
Agawam, Mass.

Curran-Jones
FUNERAL HOME
WEST SPRINGFIELD

For Information or Reservations for your Business or Pleasure trip contact:
WEIDNER TRAVEL BUREAU, Inc.
83 State Street — Springfield, Mass.
Tel. 781-0550

If you haven't had a HEALTH INSURANCE CHECK-UP recently, be sure to contact MONARCH NOW!
There have been some important changes. We suggest you call
A. DAVID BURBANK, CLU. OR
LAURENCE C. PARKMAN at
736-2787



EAST LONGMEADOW NURSING HOME

Ultramodern, resortlike, convalescent and nursing home overlooking Franconia Golf Course.

All new staff of Registered Nurses — four times latest state requirements.

Spacious living room, dining room, country grounds for that great to be alive feeling.

LEASE

The Car of Your Choice

FROM

BRYAN LEASING, INC.

878 HIGH STREET
HOLYOKE, MASS.

Now Leasing 1966 Models

All EXPENSES INCLUDED (EXCEPT GAS)

Come in Today and We Will Show You How

IT

PAYS TO LEASE!

IN MEMORIAM

ELIZABETH T. M. SULLIVAN, M.D.

Dr. Elizabeth (Young) Myers Sullivan of 347 St. James Avenue, Springfield, died on June 5, 1965.

Born in Columbus, Ohio, on August 18, 1877, Dr. Sullivan graduated from the Women's Medical College of Philadelphia, Pa. in 1906. After serving her internship at the New England Hospital for Women and Children in Boston, she came to Springfield in 1907 and entered into the private practice of gynecology being active therein until a few years ago.

Dr. Sullivan was on the staff of the Mercy Hospital for many years. She was a member of the American Medical Association, the Mass. Society and the Hampden District Medical Society. In 1957 she was awarded the 50-year membership badge of the MMS and in 1959 was honored by the Mercy Hospital "for more than 50 years of faithful service to the hospital and to the sick in the community."

Deepest sympathy is hereby extended to her family and to her many friends and associates.

ERDIX T. SMITH, M.D.

Doctor Erdix T. Smith of 480 Belmont Avenue, Springfield, died on June 11, 1965.

Born in East Carr, Vermont on January 17, 1875, Dr. Smith graduated from Dartmouth College, received his medical degree from the Medical College of Cleveland, Ohio, in 1900, and did graduate work in surgery and orthopedics at the Boston Homeopathic Hospital and the Flower Hospital in New York City. He began practicing medicine in Bradford, Vt. in 1900, and five years later moved to Springfield, where he practiced until his retirement.

Dr. Smith served on the medical staff of the Wesson Memorial Hospital for many years. He was a member of the American College of Surgeons, the American Medical Society, and the Springfield Academy of Medicine. During World War I, he served in the U.S. Army Medical Corps.

To his family and his many friends deepest sympathy is hereby extended.

ROSWELL G. MACE, M.D.

Doctor Roswell G. Mace, formerly of Springfield, died on July 25, 1965 on his farm in Jacksonville, Vermont.

Born in Sidney Center, N. Y. on April 17, 1897, Dr. Mace received his medical degree from Tufts Medical School, Boston, in 1920, interned at the Springfield Hospital, and carried out postgraduate studies in surgery at the University of Pennsylvania. After 40 years of private practice in surgery in Springfield, he retired in 1961 and moved from his home in Monson, Mass. to the Vermont farm.

Dr. Mace served on the medical staff of the Springfield Hospital for many years, being chosen president thereof at one time, and also served as visiting surgeon at the Shriners' Hospital for Crippled Children in Springfield. He was a fellow of the American College of Surgeons and a member of the American Medical Association, the Mass. Medical Society, the Hampden District Medical Society, and the Springfield Academy of Medicine of which he is a past president. During World War II he served in the U.S. Army Medical Corps.

Deepest sympathy is hereby extended to his family and to his many friends and associates.

ACADEMY

The next meeting of the
SPRINGFIELD ACADEMY OF MEDICINE
will be held on
TUESDAY, OCTOBER 12, 8:30 P. M.

Speaker:	FLETCHER MCDOWELL, M.D. Associate Professor of Medical Neurology Cornell University Medical College and Second Neurological Service at Bellevue
Topic:	"CAROTID ARTERY SYNDROME"
Place:	Auditorium, Municipal Hospital Springfield
Hospital Clinic:	Wesson Memorial Hospital, 5:00 P. M.

Third National offers you the
"FULL-CIRCLE" SERVICE
of a Full Service Bank

Third National
announces

MEDAC,

a new service
for doctors...

AUTOMATED BOOKKEEPING AND
BILLING BY COMPUTER

Medac (medical accounting) now gives you more time for your profession, while Third National's electronic equipment takes over the financial mechanics. **Medac** is a fully-automatic billing and bookkeeping system, especially developed for and tested by the medical profession.

A small electronic transmitter in your office relays billing and bookkeeping data to Third National's Data Processing Department through your regular telephone connection. Our electronic system does the rest! It's simple, accurate and inexpensive. Just call us for a demonstration at your convenience. The nationally known and accepted **Medac** system is available locally only at Third National.

HERE'S HOW MEDAC WILL HELP YOU

- Cuts bookkeeping and billing time — only 15 minutes to handle 60 transactions. Statements rendered automatically on date you desire. Promptly and accurately.
- Eliminates expensive investment in equipment, forms, files, stationery. **Medac** provides *everything* you need.
- Safeguards your records against loss, fire, mishandling, burglary and other risks.
- Provides up-to-date financial information and complete records.
- Requires no special bookkeeping skill. Uniform system regardless of who does the billing.

Third National Bank
of Hampden County

THIRD NATIONAL BANK OF HAMPDEN COUNTY

FULL SERVICE BANK

Main Office, Main Street, Springfield. Convenient Branch Offices: Westfield, West Springfield, Southwick, Agawam, Chicopee, Indian Orchard, East Forest Park, Longmeadow — and 133 Maple Street, Springfield.

WHY WORCESTER?

(Editor's note: The reaction of physicians in the area to the selection of Worcester as the medical-school site, is well reflected in the two letters published below. Both letters were addressed to Dr. F. L. Boyden, Chairman, Board of Trustees, U. of Mass. before its meeting to reconsider.)

July 2 ,1965

Dear Dr. Boyden:

On behalf of the nearly 500 physician members of the Hampden District Medical Society, I wish to express our great disappointment and amazement in the selection of Worcester as the site for the University of Massachusetts Medical School by the Board of Trustees of the University of Massachusetts.

To make such an important decision, involving the expenditure of millions of dollars, by so close a vote would make us feel more consideration should be given to the choice of a site for the medical school.

It appears that the all-important educational and medical reasons for placing the medical school in Amherst, as outlined and recommended in the report of the consulting firm of Booz, Allen, and Hamilton, have been ignored by the Board of Trustees in making their decision.

As physicains practicing in Hampden County, we are most anxious to have the medical school located in the Amherst-Springfield area of Western Massachusetts as this would provide our patients, as well as all residents of the western part of the Commonwealth, with the benefits of outstanding medical education and medical care as is affiliated with a medical teaching institution.

Long range planning for the educational needs of the Commonwealth should eventually include schools of dentistry and pharmacy. It would be most logical to locate all these related schools on one large campus in Amherst. This would enable the University of Massachusetts to develop a broad range of progress to prepare our citizens for all the allied health professions most economically.

At the present time, because of the ease of transportation and the excellent medical facilities and medical teaching institutions in Boston, we feel a

Compliments
Edward F. O'Donnell
FUNERAL HOME
Springfield

Drugs — Surgical Supports
Harris Pharmacy
Opposite Kimball Towers

medical school located in Worcester would not draw as great a variety or number of patients, as most people would continue to go to Boston, a world renowned medical center. A medical school in the Amherst-Springfield area would better serve the citizens of the Western part of the Commonwealth who would then not have to leave the area to go to a University Medical Center.

We urge you to reconsider your vote to locate the University of Massachusetts Medical School in Worcester.

The physicians of the Hampden District Medical Society strongly recommend you vote to locate the medical school in Amherst where the many valid medical and educational reasons indicate it should be.

Henry Burkhardt, M.D., President
Hampden District Medical Society

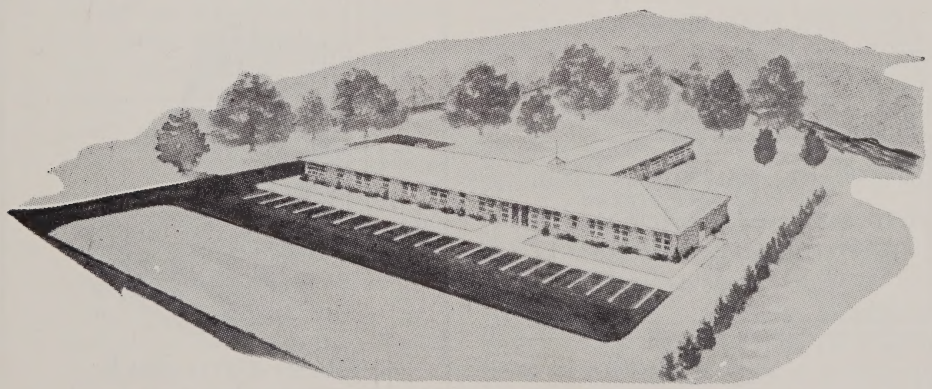
* * * *

Dear Dr. Boyden:

The Springfield Academy of Medicine hopes that it may be possible for the Board of Trustees to reconsider the location of the Medical School.

John M. Maloney, M.D., President
Springfield Academy of Medicine

MARY LYON NURSING HOME
Approved by American Hospital Association
Modern as Tomorrow



WE SERVE THE DIGNITY OF THE INDIVIDUAL
One Block from East End of Allen Street
Phone JO 6-3431 — JO 6-3426

PROFESSIONAL LIABILITY

Q—How long after treatment of a patient may a physician be subject to suit for malpractice in connection with the treatment?

A—The period during which a suit may be filed is governed by the Statute of Limitation of the state. These periods vary from state to state; in many, the period does not start until the patient discovers the alleged malpractice. The period for claims of a minor does not start until he has reached his majority. The periods of limitation vary from 1 to 6 years. Some states have special statutory periods for suits involving medical professional liability. These include: Colorado, 2 years; Kentucky, 1 year; Massachusetts, 2 years; Michigan, 2 years; New York, 2 years; Ohio, 1 year.

Q—If anesthetics are administered during an operation by a nurse-anesthetist, in the absence of a physician-anesthesiologist, who is legally liable for any negligence which may occur on the part of the nurse-anesthetist?

A—The nurse-anesthetist is, of course, liable for any injury resulting from her own negligence. Since a nurse may administer anesthetics only under the direction and supervision of a licensed physician, the operating surgeon would ordinarily be responsible for her work and liable for her negligence, in the absence of a physician-anesthesiologist. If the nurse is an employee of a physician-anesthesiologist, he may also be liable as her employer, even if he is absent.

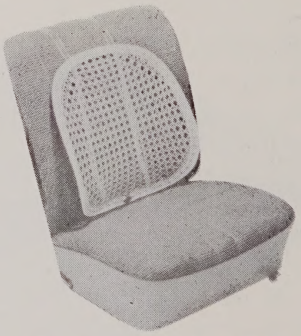
Your Social Security Taxes will rise sharply next year—to $406, from $259 this year. Present tax schedule calls for smaller increases thereafter, to a maximum of $515 in 1987.

"Today's Health" Wins Public Service Award

The National Safety Council has selected *Today's Health* magazine, published by the American Medical Association, to receive the new Public Service Award in the consumer magazine category for distinguished service to accident prevention by a magazine of general circulation.

ORCHARD MANOR REST HOME
190 PLEASANT STREET
EAST LONGMEADOW, MASS.
Home Atmosphere — Home Cooked Food
REASONABLE RATES — 525-2512

FOR SALE
Profexray with tank, floor model, good condition, half price. Bought new, one owner. — Tel. 525-3456



BASE AUTO SEAT
Available at
FOOTIT SURGICAL SUPPLIES
522 Sumner Ave. — Phone 733-7843
Springfield, Mass.

MEDICAL READER

All About Hypnosis

Drs. L. J. West and G. H. Deckert of the University of Oklahoma, presented a timely and thought-provoking account of the dangers of hypnosis in the April 5 issue of the AMA. This seems particularly timely since continued interest in the therapeutic value of hypnosis is being manifest by practitioners and patients alike; hypnosis as a means of entertainment or as a "magic cure" by those least able to properly utilize it.

The authors begin by stating that "Hypnosis as a technique in medical practice poses certain dangers to the patient, to the physician, to medicine as a discipline, and to hypnotism itself as a reputable body of information and methodology. At the same time hypnosis offers definite advantages as an adjunct to other methods in medicine and psychiatry; these advantages should be preserved." They then classify the dangers of hypnosis as follows:

Dangers to the patient:

1. Danger of precipitating a psychiatric illness; example, in the case of early unrecognized schizophrenia.
2. Danger of making an existing disorder worse.
3. Danger of causing a recurrence of symptoms in a patient whose illness is in remission or improving.
4. Danger of prolonging illness.
5. Danger of masking affect.
6. Danger of superficial relief.
7. Danger of developing pathological dependency.
8. Danger of inducing criminal activity.

Dangers to operator:

1. Danger of developing grandiosity.
2. Danger of narrowness — operator may use it excessively in place of more acceptable procedures.
3. Danger of operator with psychopathological predisposition developing psychiatric disturbance. Harold Rosen presented several such cases.
4. Danger of law suit — several courts have upheld against hypnotists.

Dangers to hypnosis itself:

1. Danger of ridicule.
2. Danger of cultism.

The article very vividly points out the hazards of hypnosis and convincingly stresses the need for diagnostic skill in the operator. Multiple recommendations are made by the authors for eliminating or minimizing these dangers. The original article, in its entirety, is highly recommended.

It is regrettable that no laws have as yet been enacted to protect the public against the abuse and misuse of hypnosis by the quack, the charlatan, and the night club performer.

In a recent pamphlet on hypnosis, the AMA has this to say:

"Hypnosis is not a toy and unwise use may seriously affect an individual's physical and emotional health.

"About one person in four can be deeply hypnotized in a relatively short period of time and most people can be hypnotized to some degree. No one is sure why some people can be hypnotized and others not.

"Hypnosis can be easily taught in half an hour and can be self-taught from a book. No equipment is needed other than the voice of the hypnotist.

"But hypnosis is dangerous in the hands of an amateur and should be used only by qualified professionals."

Cooper

TWO USEFUL BOOKS

During the last few months the AMA has issued two publications both of which are well deserving of our attention and interest.

The first, titled "New Drugs", is intended solely for the profession. Published by the Council on Drugs of the AMA, this book is a very worthy successor to the AMA's previous annual volume, "New and Non-official Drugs."

Literally hundreds of eminent consultants participated in the compillation of this 500-page compendium of drugs that have been introduced in the past 10 years and generally available in the United States. Inclusion in "New Drugs" does not imply endorsement; all it means is that the drug has received authoritative and unbiased evaluation by the Council on Drugs of the AMA.

Specifically designed for the practitioner, the book's chapters are all organized on the basis of the therapeutic uses rather than pharmacologic action of the drugs they describe. "New Drugs" will be revised annually.

The AMA sells the volume at cost: five dollars per copy, or four dollars, if the purchaser is a house officer or medical student.

"New Drugs", in the opinion of this reviewer, belongs on the desk of every physician regardless of his specialty.

Today's Health Guide

The second AMA publication reviewed here is intended for the public. Its title is "Today's Health Guide", a complete medical guide book for the home and family. It was written by more than 200 topnotch contributors and edited superbly by W. W. Bauer, M.D., Director Emeritus, Department of Health and Education of the AMA. It counts more than 600 pages and includes full-color transparencies of the organs of the human body.

This book fills a long felt need, a need to guide the public in the proper utilization of what modern medicine has to offer. Widely disseminated this volume might serve also to correct much of the health misinformation prevailing in our midst today. It is not a "doctor yourself book" but instead tells the reader when he should seek medical attention. No literate member of the family should find it difficult to understand the clear, concise and simple language of "Today's Health Guide." Yet the volume is as comprehensive as it is authoritative.

The responsibility to educate the public in matters of health and disease rests primarily with the individual physician. The availability of the book under discussion should make our task much easier. To supplement our professional counsel and advice we can now recommend to our patients the purchase (at $4.95) a copy of this most invaluable publication of the AMA.

Millman

KING'S PHARMACY
Standish B. King, Reg. Pharmacist
Ethel K. King, Manager
Two stores (1—117 Main St., LY 2-1651, Chicopee Falls, Mass. 2—White and Sumner Ave., RE 2-0082, Springfield, Mass.)

Distinctive Dining
At
Springfield's Student Prince and Fort Restaurant
6 Fort St. - ST 8-6623 - Springfield

NATIONAL HEALTH WEEK NOVEMBER 7 - 13

The week of Nov. 7-13 has been designated as Community Health Week, 1965 by the AMA.

It will be the third nationwide observance of Community Health Week, which was established to emphasize how members of the health profession and public, private, and voluntary health organizations are *Teaming Up for Better Health.*

The AMA urges state and local medical societies to invite representatives of other community health or-organizations to observe Community Health Week by helping in the planning of local programs.

Primary objectives of the local programs are to point out advances which have been made in health and to improve public awareness of health facilities and services available in individual communities.

SOCIALIZING PATIENTS

"A good doctor can get ahead under any system of medicine; by his competency he makes or arranges his own security. The poor doctor is better off under government medicine because his livelihood is assured him, and his working conditions are improved. When a socialized doctor puts in his 40-hour week, he is through, he can spend the week-end with his family without giving a thought to patients . . . Because it is impossible to socialize doctors without simultaneously socializing patients, doctors know that it is the patients who get the worst of the "bargain" in socialized medicine."

Gordon B. Leitch, M.D.
in *The Freedom*

"All that is necessary for the triumph of evil is that good men do nothing."

—Edmund Burke

"STATE'S ROLE IN COMMUNITY MENTAL HEALTH"

PLACE: Northampton State Hospital

DATE: Monday, October 11, 1965 — 3:00 P.M.

PURPOSE: A panel discussion concerned with the forthcoming recommendations of the Massachusetts Mental Health Planning Project. Open to the public. The panel will consist of those who participated in the study.

EXCELLENT OPPORTUNITY IN AN IDEAL LOCATION FOR PHYSICIAN OR DENTIST OPPOSITE WESSON MEMORIAL HOSPITAL

Large Georgian colonial consisting of 19 rooms and 7 baths converted into 6 apartments which can easily be made into offices. First floor ideal for office and home combination. Newly decorated inside and new aluminum and storm windows outside. Income from apartments on second and third floors will pay expenses of the house. This house must be seen to be appreciated.

Priced in the 40's; excellent mortgage arrangement with bank.

Call owner in Hartford, Connecticut at 233-4154, or write M. Richman, 41 Crabapple Road, West Hartford, Connecticut.

WRITE YOUR CONGRESSMEN!

When writing to your Senator or Representatives your letter may be directed to their residence or office. The proper address and salutation are important.

Senators in Congress

Honorable Leverett Saltonstall (R)
Smith Street, Dover 02023
Honorable Edward M. Kennedy (D)
3 Charles River Square, Boston 02114

Representatives in Congress

District No. 1 — Honorable Silvio O. Conte (R)
94 Lakeway Drive, Pittsfield 01201
District No. 2 — Honorable Edward P. Boland (D)
100 Mooreland St., Springfield 01104

1. Be brief;
2. Be friendly and corteous;
3. Be straightforward and sincere, giving your own ideas in your own words and not following a form letter;
4. Do not use carbon copies: rather, write each personally and individually;
5. Sign your letter legibly and always include your address.

QUOTE OF NOTE

"The most ominous sign of our times, it seems to me, is the growth of an intolerant spirit. It is more dangerous when armed, as it usually is, with sincere conviction.

"It is necessary that we be put on guard against varieties of a false Americanism which professes to maintain American institutions while dethroning American ideals. The interests of liberty are peculiarly those of individuals, and hence of minorities, and freedom is in danger of being slain at her own altars if the passion for uniformity and control of opinions gathers head."

—Charles Evans Hughes

MEDICAL MANAGEMENT
99 Amostown Rd. West Springfield, Mass.
REpublic 6-2584
Modern Electronic Billing & Related Business Services for Medical Men

ESTABLISHED IN 1861
FUNERAL SERVICE
Dickinson-Streeter Co.
Springfield, Mass.

D-RASH
A FORMULATION THAT PROVIDES ALL NIGHT PROTECTION AS IT PROMOTES HEALING IN THE MANAGEMENT OF
DIAPER RASH
D-RASH is a soothing well balanced product containing Peruvian Balsam, Cod Liver Oil, and Zinc Oxide properly compounded with Beeswax, Talc, Lanolin and Caster Oil in a suitable non-irritating base.
Available At All Drug Outlets
MERIT PHARMACAL CO. — SOMERS, CONN.

THE DOCTOR'S SHARE

(This letter speaks for itself — Editor)

Dear Dr. Angier:

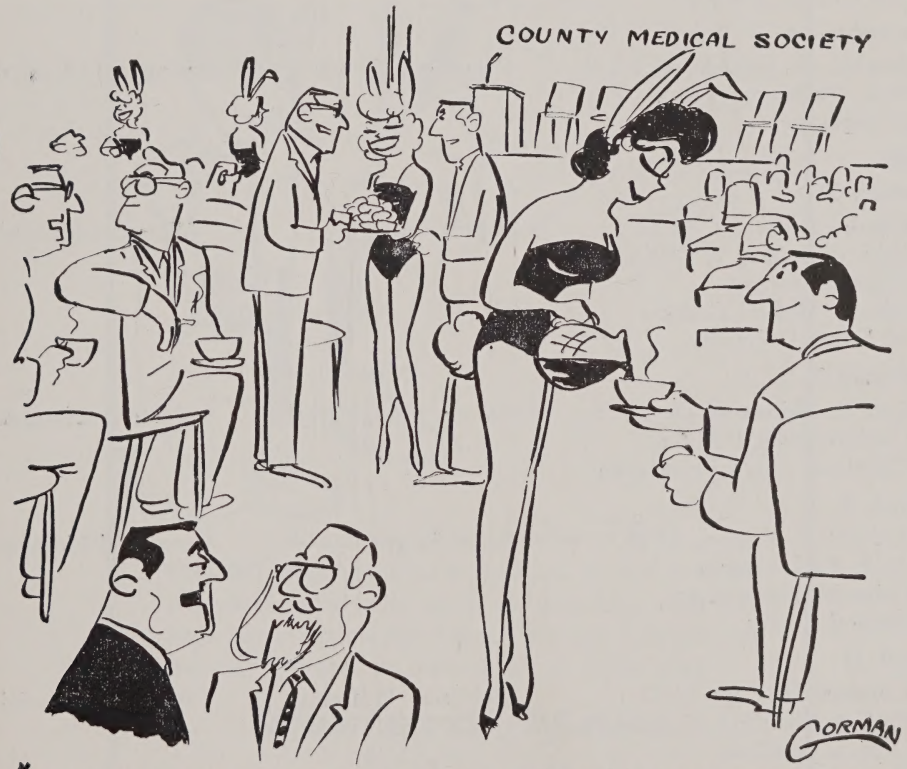
Enclosed is a check for $.97 to cover payment of delivering Mr. and Mrs. William Tracy's baby on May 21, 1965.

The reason for this small amount is Travelers Insurance Company allows a maximum of $350 for Caesarean delivery. Since Wing Memorial Hospital was paid $349.03, we are sorry to inform you that they can pay you only the remaining amount of $.97.

Yours truly,
Joseph Roy

MAY WE HELP YOU WITH OUR COMPLETE FAMILY LAUNDRY & DRY CLEANING SERVICE?
Belmont Laundry
and CUSTOM dry CLEANERS
FREE PICK-UP & DELIVERY
736-3615 333 BELMONT AVE., SPFLD.

Old STORROWTON TAVERN
Old-Fashioned Food, Drink and Lodging
Open Every Day
West Springfield, Mass.
Exit 4, Mass. Turnpike



"IT'S FANTASTIC HOW ATTENDANCE AT OUR MONTHLY MEETINGS HAS SKYROCKETED SINCE WE STARTED SERVING COFFEE & DONUTS"

Courtesy Medical Society Magazine Group

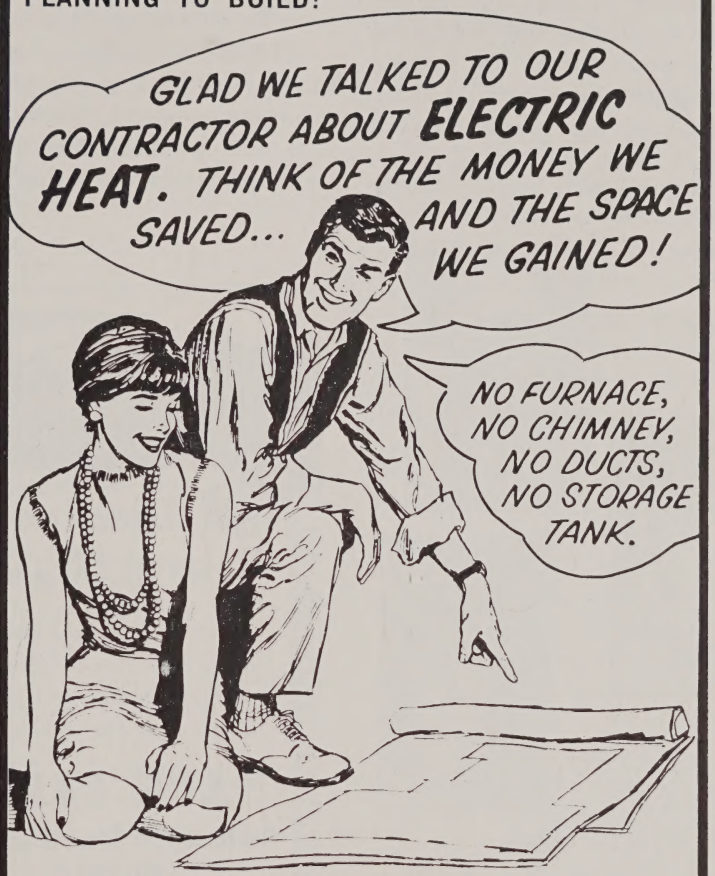
SPRINGFIELD ACADEMY OF MEDICINE

PROGRAM FOR 1965-1966

1965

		Hospital Clinic
September 14		
Leroy D. Vandam, M. D. Clinical Prof. of Anesthesiology Harvard Medical School	Preparation of Patient for Anesthesia	Springfield Hospital
October 12		
Fletcher McDowell, M. D. Associate Prof. Medical Neurology Cornell Medical School	Carotid Artery Syndrome	Wesson Memorial
November 9		
David Hurwitz, M. D. Ass't. Clin. Prof. of Medicine Harvard Medical School Chief Diabetic Service Boston City Hospital	Diabetes Mellitus	Mercy Hospital
December 14		
Stephen B. Sulavik, M. D. Yale University School of Medicine	Pulmonary Disease	Springfield Hospital
1966		
January 11		
Charles L. Eckert, M. D. Prof. of Surgery & Chairman Dept. of Surgery Albany Medical College of Union University	Cancer Surgery	Wesson Memorial
February 8		
Earl K. Shirey, M. D. Cardiovascular Div. Staff Cleveland Clinic Foundation	Coronary Angiography	Mercy Hospital
March 8		
Richard C. Britton, M. D. Ass't. Prof. Surgery Columbia-Presbyterian Medical Center	Portal Surgery	Springfield Hospital
April 12		
Laurence H. Kyle, M. D. Prof. & Chairman of Dept. of Medicine Georgetown Un. School of Medicine	Endocrine Problems	Wesson Memorial
May 10		
ANNUAL MEETING & ELECTION OF OFFICERS		Municipal Hospital

PLANNING TO BUILD?


GLAD WE TALKED TO OUR CONTRACTOR ABOUT ELECTRIC HEAT. THINK OF THE MONEY WE SAVED... AND THE SPACE WE GAINED!
NO FURNACE, NO CHIMNEY, NO DUCTS, NO STORAGE TANK.

FIND OUT NOW how modern flameless electric heat can give you more house for the money, more living enjoyment from your new home investment, today and tomorrow. For free cost estimates and planning advice, call us today.

Western Mass.
Electric Co.

NH-302

CORRESPONDENCE

Health Problems in Japan

Dear Hippocrat:

During a recent visit to Japan I learned with interest that 99% of its citizens are covered by a compulsory health insurance system. For 40 million Japanese citizens and their families the Government is the insurer, while 8 million are covered by insurance offered by the cooperatives of employees of major enterprises (Kemporen). As might well be expected the Government sponsored insurances "are always in the red while those of major enterprises are affluent."

Notwithstanding the almost universal coverage by compulsory health insurance, health-care problems in Japan remain numerous and many of them simulate some of our own problems. The Japan Medical Association (JMA), although agreeable to the concept of health insurance for all, ". . . has consistently fought for the rights of the physicians and against a system which destroys the human relationship between a physician and his patient which is essential for the welfare of the latter." Sounds familiar, doesn't it?

The above quotations are from an article in a recent issue of the daily newspaper "Japan Times." In discussing the health problems confronting the new Sato Cabinet, the author calls attention to the conflicts that prevail between the insurance carriers, hospitals, and physicians, the latter being represented by the JMA. Conflict exists also between the Government and the major enterprise insurances. The article concludes with a paragraph the wisdom of which, I believe, is applicable to the health problems of our own country as well:

"Without a change in the basic attitude of all those involved, no amount of debate on specific issues on the surface, and no new Cabinet, could conceivably remedy the nation's own malady."

Joseph P. Derby, M.D.

Dine in
Relaxed Elegance
Always a different and delicious menu to enjoy in pleasant comfort. Serving daily from eleven-thirty AM to midnight.
THE LOG CABIN
Easthampton Road, Route 141
HOLYOKE
JEfferson 9-9137

COMPLETE TRAVEL ARRANGEMENTS BY AIR, SEA AND LAND.
AAA World-Wide TRAVEL AGENCY
AMPLE FREE PARKING
EXPERT COUNSELING
FRIENDLY SERVICE
CONVENIENTLY LOCATED FOR ALL HAMPDEN COUNTY TRAVELERS
NEAREST TRAVEL AGENCY TO LONGMEADOW, EAST LONGMEADOW & FOREST PARK
AUTOMOBILE CLUB OF SPRINGFIELD - 110 FORT PLEASANT AVE. - PHONE 785-1381

"FLU" TIME

Dear Hippocrat:

In order to assist local physicians, I herewith forward the recommendations of the Surgeon General regarding the high-risk groups, who should receive routine Influenza immunization regardless of the predicted incidence of influenza for a given year:

"1. Persons of all ages who suffer from chronic debilitating diseases such as chronic cardivascular disease, pulmonary, renal or metabolic disorders, in particular:

a. Patients with rheumatic heart disease, especially those with mitral stenosis.

b. Patients with other cardiovascular disorders such as arteriosclerotic heart disease and hypertension, especially those with evidence of frank or incipient cardiac insufficiency.

c. Patients with chronic bronchopulmonary diseases such as chronic asthma, chronic bronchitis, bronchiectasis, pulmonary fibrosis, emphysema, tuberculosis.

d. Patients with diabetes mellitus. Patients with Addison's disease.

2. Pregnant women.

3. Persons in older age groups; those over 45 and particularly those over 65 years of age.

"In years of expected high incidence of influenza, immunization of individuals engaged in the following occupations should also be seriously considered: medical and health services, public safety, public utilities, transportation, education and communications. The U. S. Public Health Service also encourages large scale immunization programs in industries and large institutions where absenteeism is of particular concern."

Lowell Bellin, M.D., M.P.H.
Commissioner of Public Health
Springfield

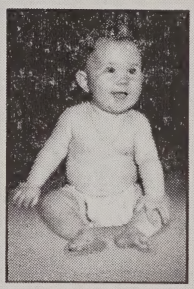
the "healing touch"

PANTHODERM

2% panthenol in a water-miscible cream base

CREAM

soothes, relieves itching and irritation, promotes healing in case after case of...



BED SORES
ECZEMAS
EXCORIATIONS
DIAPER RASH
ABRASIONS
DRY, ITCHY SKIN

so dependable, so elegant, so smooth, such snow-white cleanliness.

Write for samples of Panthoderm Cream and see for yourself.

u. s. vitamin & pharmaceutical corp.
800 Second Avenue, New York 17, N.Y.

DISASTER MEDICAL CARE COMMITTEE OF THE WOMAN'S AUXILIARY

A course is being offered, free to you, as members of the Woman's Auxiliary, on *MEDICAL SELF HELP.* Are you interested as a mother, to be able to perhaps save your own child's life at a time of a nuclear or natural disaster?

This course will consist of 16 hours —to be done in 6-8 weeks (2 hours per week). The course will start Tuesday, September 21, 1965.

TIME . . 9:15 A.M. to 11:15 A.M.

PLACE . . . Municipal Hospital, Civil Defense

The dates will be Sept. 21, 28, Oct. 5, 26, Nov. 2, 9, 16.

If interested, contact the District Society, 1414 State St., Springfield.

Mrs. Joseph Stirlacci, Chairman

COMPLIMENTS

T. P. Sampson Co.

Springfield

CHESTER'S DRUG STORE

MEDICAL CENTER

305 Appleton St., Corner Maple

HOLYOKE, MASS.

Luncheons - Dinners - Cocktails

WILLOW GLEN HOUSE

East Longmeadow, Mass.

232 North Main St. - Tel. 525-2167

PATRONIZE OUR ADVERTISERS

Soma® Compound

carisoprodol 200 mg., phenacetin 160 mg., caffeine 32 mg.

Indications: 'Soma' Compound and 'Soma' Compound with Codeine *(Warning: Codeine may be habit-forming)* are useful for relief of pain and stiffness in traumatic, rheumatic and other conditions affecting muscles and joints.
Contraindications: Allergic or idiosyncratic reactions to carisoprodol, phenacetin, or codeine phosphate.
Precautions: *Phenacetin*— With long-term use, give cautiously to patients with anemia and cardiac, pulmonary, renal or hepatic disease. May damage the kidneys when used in large amounts or for long periods. *Caffeine*— Not recommended for persons extremely sensitive to its CNS stimulating action. *Codeine phosphate* — Use with caution in addiction-prone individuals. *Carisoprodol* — Carisoprodol, like other central nervous system depressants, should be used with caution in patients with known propensity for taking excessive quantities of drugs and in patients with known sensitivity to compounds of similar chemical structure, e.g. meprobamate.
Side effects: Drowsiness, lightheadedness, dizziness, and gastric complaints have been reported infrequently for either or both of these preparations. *Phenacetin* — Side effects are extremely rare with short-term use of recommended doses. Prolonged ingestion of overdoses may produce dyspnea, cyanosis, hemolytic anemia, skin rash, anorexia, subnormal temperature, insomnia, headache, mental disturbances, and tolerance. *Caffeine* — Side effects are almost always the result of overdosage. Average doses may rarely cause nausea, nervousness, insomnia, and diuresis. Excessive dosage may produce, in addition, restlessness, nervousness, tolerance, tinnitus, tremors, scintillating scotomata, tachycardia, and cardiac arrhythmias. *Codeine phosphate* — Possible side effects are nausea, vomiting, constipation, and miosis. *Carisoprodol* — The only side effect reported with any frequency is sleepiness, usually on higher than recommended doses. An occasional patient may not tolerate carisoprodol because of an individual reaction, such as a sensation of weakness. Other rarely observed reactions have included dizziness, ataxia, tremor, agitation, irritability, headache, increase in eosinophil count, flushing of face, and gastrointestinal symptoms. One instance each of pancytopenia and leukopenia, occurring when carisoprodol was administered with other drugs, has been reported as has an instance of fixed drug eruption with carisoprodol and subsequent cross-reaction to meprobamate. Rare allergic reactions, usually mild, have included one case each of anaphylactoid reaction with mild shock and angioneurotic edema with respiratory difficulty, both reversed with appropriate therapy. In cases of allergic or hypersensitivity reaction, carisoprodol should be discontinued and appropriate therapy initiated. Suicidal attempts may produce coma and/or mild shock and respiratory depression.
Dosage: Usual adult dosage of 'Soma' Compound or 'Soma' Compound with Codeine is one or two tablets three times daily and at bedtime.
Supplied: 'Soma' Compound, orange tablets, each containing carisoprodol 200 mg., phenacetin 160 mg., and caffeine 32 mg. 'Soma' Compound with Codeine, white capsule-shaped tablets, each containing carisoprodol 200 mg., phenacetin 160 mg., caffeine 32 mg., and codeine phosphate 16 mg. Narcotic order form required. CSO-5713
Before prescribing, consult package circular.

WALLACE LABORATORIES / Cranbury, N. J.

with Soma® Compound

carisoprodol 200 mg., phenacetin 160 mg., caffeine 32 mg.

In most patients with strains and sprains, 'Soma' Compound can reduce recovery time because of its ability both to relieve pain and to relax muscle. In a controlled study of patients in an industrial practice, R. G. Conant reported that 'Soma' Compound shortened recovery time an average of 25% as compared with aspirin.[1] In addition, complete or marked relief was noted in 94% of patients treated with 'Soma' Compound, as compared to 46% of patients treated with aspirin.

1. Conant, R. G.: Reduction of industrial time-loss: treatment with carisoprodol compound in musculoskeletal disorders. Industr. Med. Surg. *33*:25, Jan. 1964.

Also available with ¼ gr. codeine as 'Soma' Compound with Codeine: carisoprodol 200 mg., phenacetin 160 mg., caffeine 32 mg., codeine phosphate 16 mg. (Warning: may be habit-forming.)

WALLACE LABORATORIES / *Cranbury, N. J.*

CSO-5713

PATRONIZE OUR ADVERTISERS

Below is a list of our advertisers for 1965. In your contacts please tell these people how much we appreciate their support.

AAA
Beaulieu Chevrolet, Inc.
Belmont Laundry
Betty's Towne House
Bristol Laboratories
Broadway Office Supply Co., Inc.
Bryan Leasing, Inc.
Buckley's Pharmacy
Burdick, Lester L., Insurance
Buscall Nursing Home
Byron's Funeral Home, Inc.
Carroll Travel Bureau
Chester's Drug Store
City Rambler
Coffee House
Collegian Court
Corliss Adjustment Bureau
Credit Bureau, Inc.
Crotty Drug Store
Curran-Jones, Inc., Funeral Home
Cusack, Robert E., Funeral Director
Daley Family Service
Delehanty Drug Store
Dickinson-Streeter Co., Funeral Home
Don Gleason's Campers Supply
East Longmeadow Nursing Home
F F S Drug Stores
Flittner Drug Corp.
Footit Surgical Supplies
Gleason's Townhouse
Gold Cross Ambulance & Oxygen Service
Gunnery, The
Hafey Funeral Service
Hampden Leasing
Hannigan-Fitzgerald Funeral Home, Inc.
Harris Pharmacy
Henderson Funeral Home
Jaycox Restaurant
Johnson, Brooks R., Photography
King's Drug Store
Landen True, Jewelers
Lessere-Wertheim, Inc.
Lilly, Eli and Co.
Log Cal in Restaurant
Mahady, E. F. Co.
Maple Hill Nursing Home
Mary Lyon Nursing Home
Medical Management
Merck, Sharp & Dohme
Merit Pharmacal Co.
Mish, Edward T., Silversmith
Monarch Life Insurance Company
Norman's Pharmacy
North Side Pharmacy
O'Donnell, Edward F. Funeral Home, Inc.
Old Storrowton Tavern
Orchard Manor Rest Home
Penn Travel Agency
Perrene's Ltd.
Pfizer Pharmaceuticals
Pomeroy-Williams Co.
Professional Pharmacy
Ratell Funeral Home
Reid, A. R., Inc.
Ring Nursing Home
Ryan Drug Company
Safe Deposit Bank and Trust Co.
Sampson, T. P. Co., Funeral Home
Schlatters' Inc., Florists
Shaker Farms Country Club
Sheraton Motel
Skinner, T. E. Associates
Smith Kline & French Laboratories
Spring Street Drug, Inc.
Spruce Manor Nursing Home
Squibb, E. R. & Sons
Stuart Co. Division, The
Student Prince Restaurant
Thermo Fax Sales
Third National Bank & Trust Company
Tober Foreign Motors, Inc.
U. S. Vitamin & Pharmaceutical Corp.
Valley Bank and Trust Co.
Wallace Laboratories
Weidner Travel Bureau, Inc.
Western Massachusetts Electric Co.
Westfield Mutual Ins. Agency
Westfield Nursing Home
Willow Glen
Yankee Pedlar Inn
Ye Olde Coach Inn
W. F. Young, Inc.

CARROLL TRAVEL BUREAU
INC.
Johnson's Bookstore Building
1383 Main St. — Springfield, Mass.
RE 9-7391
A Complete Experienced Travel Service

CROTTY DRUG STORE
78 Elm Street — Westfield, Mass.
LOgan 2 2644
Over Half a Century
Serving Westfield People

The opinions expressed in The Hippocrat do not necessarily represent the official viewpoint of the Hampden District Medical Society.

Remember
GOLD CROSS RENTS IT!

RENTALS – SALES – SERVICE
HOSPITAL BEDS
AND ACCESSORIES
WHEEL CHAIRS – CRUTCHES
WALKERS – COMMODES
MANY OTHER ITEMS AVAILABLE

WE CARRY A COMPLETE LINE OF RESPIRATORY DEVICES!
OXYGEN THERAPY SERVICE
BENNETT IPPB UNITS
NEBUMIST – SUCTION UNITS
PLUS A FULL LINE OF SURGICAL SUPPLIES AND PATIENT AIDS

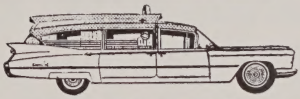
GOLD CROSS
SURGICAL SUPPLY
66 LOCUST STREET
TEL. 781-3781

MEMBER
AMBULANCE SERVICE of AMERICA
"WHERE, FOR YOUR PROTECTION, ONLY PROFESSIONALS WITH THE HIGHEST STANDARDS ARE ADMITTED"

AMBULANCE
DIAL **781-3781**

NOTICE
IF TELEPHONE SERVICE IS INTERRUPTED
PLEASE CALL 736-7241

AMBULANCE ASSOCIATION OF AMERICA



"WE TAKE PRIDE IN OUR SERVICE"

EMERGENCY or TRANSFER
- NEW MODERN CADILLACS
- SPECIALLY EQUIPPED FOR LONG DISTANCE SERVICE
- NURSES ON REQUEST

24 HOUR PROMPT SERVICE
FULLY EXPERIENCED & EQUIPPED

GOLD CROSS
AMBULANCE & OXYGEN SERVICE INC.
66 LOCUST ST. SPRINGFIELD, MASS.

PERRENE'S UNIFORMS LTD.
136 STATE STREET SPRINGFIELD, MASS. TEL. 733-3864
YOU PARK – WE PAY
UNIFORMS FOR THE DISCRIMINATING MEN AND WOMEN IN THE MEDICAL PROFESSION: MR. BARCO – BARCO – PERRENE'S – PAUL JONES – PURITAN BY WHITE SWAN – FLORENCE NIGHTINGALE – BROOKS – VOGUE.
HOURS: 10 – 6 P.M., MONDAYS & THURSDAYS 10 – 9 P.M.

EVERYTHING HAPPENS AT
THE GUNNERY
AT Kimball Towers
Chestnut and Bridge Streets
Downtown Springfield RE 2-1121

★ ★

Superb dining at Luncheon, Dinner, Cocktails and Supper — Gunnery Tavern ● Delightful Discothèque Dancing — Gunnery Music Hall ● Superlative Sandwiches — Gunnery Pub ● Magnificent Parties, Weddings and Banquets to 600 — Opera House Ballroom ● Free Parking

PUBLIC HEALTH COMMITTEE

The following letter was sent to Chairmen of the various School Committees in Hampden District.

"The Public Health Committee of the Hampden District Medical Society would appreciate your reaction to the following:

> Our membership has a day to day opportunity of observing trends in incidence of both social and physical disease. For example: We believe that there has been a substantial increase in the rate of divorce, seperation, illegitimacy, and venereal disease.

"Because of this, we feel, that neither educators nor physicians can continue to ignore their responsibilities concerning these conditions.

"We, appreciate, of course, your abilities as educators, and because of this, urge you to consider a program of family life and sex education for grades kindergarten through high school.

"The Hampden District Medical Society offers the cooperation of its membership in any way you feel we could assist in this very important part of health education."

(signed) David E. Booker, M.D.,
Chairman

PROFESSIONAL PHARMACY

"In The MEDICAL CENTER"
130 MAPLE STREET
SPRINGFIELD, MASS.

TELEPHONE
736-1859 — 736-1850

PRESCRIPTIONS FILLED
WHILE YOU WAIT
OR
FREE DELIVERY
IN GREATER SPRINGFIELD

Hours Daily 8 A.M. - 9 P.M.
SUNDAY 10 - 1

24-HOUR PRESCRIPTION SERVICE

David R. Smith
Reg. Pharmacist

COMPLIMENTS

Ernest A. Byron

SPRINGFIELD

Patronize our advertisers and remember to mention the Hippocrat.

BILLING EASIER AND FASTER WITH **THERMO FAX**
Send out bond weight statements without typing.
Call for Demonstration in Your Office

THERMO FAX SALES, INC. 739-9608
Subsidiary of 3M Co.
93 STATE STREET — SPRINGFIELD, MASS.

HALLMARK OF SOUND BANKING

SAFE ★ DEPOSIT
BANK AND TRUST COMPANY

Professional Banking Service for The Thoughtful Professional Man

When it comes to supervising your financial affairs, be sure that you pick a financial specialist. Select a bank staffed by qualified personnel who are experienced in working with attorneys, accountants and other advisors in establishing a trust or agency account. Assure the financial security of your family at the bank where you can be certain all your financial matters will be handled with the highest professional integrity — at *Safe Deposit.*

. . . where thoughtful persons bank on sound judgment

MEMBER: FEDERAL RESERVE SYSTEM ★ FEDERAL DEPOSIT INSURANCE CORPORATION

CREDIT BUREAU, INC. MEDICAL CREDITS DIVISION SPRINGFIELD, MASS.

THE MEDICAL CREDITS DIVISION

Administered by an Operating Council comprised of Physicians, Dentists and Hospital representatives who are elected annually. Furnishes educational and professional assistance to its members in safe credit and collection procedures. Provides pre-collection aids and offers where required, an ethical, dignified, and efficient collection service.

For further information please telephone RE 6-4511, Ext. 46, Medical Credits Division, Credit Bureau, Inc. of Greater Springfield.

Landen-True

10 HARRISON AVENUE — SPRINGFIELD

TEL. 734-5658

"Quality Jewelers for 102 Years"

Investment Prognosis

Is management suffering from high- or low-blood pressure? Any signs of arteriosclerosis of income? Has fatty degeneration of future growth possibilities set in?

Valley Bank as manager of your investments looks on them as living, breathing entities which, if neglected, can deteriorate but which, if carefully and continuously supervised, can prosper. That makes the prognosis for your investments favorable if left in our care, in a trust or agency account. Inquiries invited.

TRUST DEPARTMENT

Valley Bank
AND TRUST COMPANY

Main Office
1351 Main Street, Springfield

F F S DRUG STORES

FORT PLEASANT PHARMACY
32 Fort Pleasant Avenue

FOUR CORNERS PHARMACY
217 North Main Street (East Longmeadow)

SARATOGA DRUG
690 Main Street

MURRAY COUSIN MYRON R. KLIGERMAN
Registered Pharmacists

℞ ***RELAX, DOCTOR!*** ℞

OUR COLLECTION SERVICE IS THE *RIGHT*
PRESCRIPTION FOR YOUR DELINQUENT ACCOUNTS . . .

As the only member in Hampden County of the Medical, Dental, Hospital Bureaus of America, we have served "The Business Side of Medicine" for 20 years, with the patient's good will ever in mind. Why not call our Medical Division, RE 9-7346 and discuss our service with Howard Corliss. Then RELAX, Doctor!

CORLISS ADJUSTMENT BUREAU, Inc.
293 Bridge Street, Springfield 3, Mass.